

**RUTGERS UNIVERSITY**  
**APPLIED EXPERIENCE IN HEALTH SCIENCES – 830:493**  
**COURSE SYLLABUS**  
**Fall 2019**

Instructor: DR. Charlotte H. Markey  
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Class Meeting: T/ Th 2-3:20pm  
Classroom: BSB 109  
Office hours: Thurs 12:30-1:30, and  
by appt

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**COURSE DESCRIPTION AND OBJECTIVES:**

Welcome to Applied Experience in Health Sciences!

This course provides a means of engaging in applied work in the field of health. By working in a physician's office, community agency, school, hospital or other social service or health institution, you will gain first-hand experiences that will enhance your understanding of health. This course consists of: working in an unpaid placement for 6 hours a week for 14 weeks, receiving feedback from a trained supervisor at your placement, participating in class each week, completing weekly reflection papers, and a final class project.

The learning objectives of this course are consistent with the goals of the department. Course activities are designed to assess these learning objectives. Upon successful completion of this course, you should:

- Have a better understanding of the relations between health theory and practice.
- Possess a comprehensive understanding of what an applied job in the field of health entails.
- Increase personal awareness of your own interest in pursuing a career in health care.
- Understand how to pursue a career in health through graduate school training.

**GENERAL COURSE REQUIREMENTS:**

**1) HEALTH PLACEMENT:** You must work at an *unpaid* placement for 6 hours a week for 14 weeks. To set up your placement, please complete the following steps:

- 1) Secure a placement with a supervisor who will oversee your work and provide you with feedback.
- 2) Have your supervisor write a letter to the course professor stating that: (a) your supervisor understands that you will work as an *unpaid* employee at the agency for 6 hours a week for 14 weeks; (b) you have agreed upon your general responsibilities at the agency (list these responsibilities in the letter); (c) your direct supervisor(s) has/have been determined (presumably, one of your supervisors should be writing the letter, but any other supervisors should be listed in the letter); and (d) he or she will contact your course professor if any problems with your work at the agency (e.g., not showing up or completing the required hours) arise. A sample letter is available from the instructor and on the class sakai web page.
- 3) Your supervisor's letter serves as a contract for your work and must be presented to the professor by the first class meeting (Tuesday, Sept. 3) or you will be required to drop the course. In order to complete the 14 weeks of your placement, it is necessary for you to begin working the first week of classes. (Be careful to plan your schedule

so that you are able to work during Thanksgiving week if needed and/or during exam weeks.)

- 4) All fieldwork hours must be completed by the last day of classes. The professor will provide a form for your supervisor to fill out that confirms your completion of the required hours. This form is due to the professor by Wednesday, December 11.

**2) ATTENDANCE:** Attendance and participation in *weekly class meetings* is mandatory. Although class is scheduled during the Tuesday/ Thursday 2-3:20 time period, half of the class will meet on Tuesday and half will meet on Thursdays. The instructor will determine who will meet on each day prior to the start of class. Meetings will serve as a forum during which you will be expected to discuss your experiences at your placement. Questions and concerns should be raised during these meetings and will be addressed by the professor and the other students in the class. In addition, class meetings will consist of relevant exercises and “mini lectures” designed to increase your understanding of the relevant theoretical material and assure your success in this course. Attendance is a significant portion of your class grade and is considered mandatory.

**3) JOURNAL:** You must write one journal entry per week describing and reflecting on your placement experiences. **These will be turned in via the class Sakai web page to the instructor each week** by Sunday at 5pm (sakai.rutgers.edu). If for any reason your access to the internet or your work/class schedule prohibits you from submitting journals on Sundays, please make arrangements to do so earlier in the week (i.e., not later). It is your responsibility to be sure that your journal entries are received each week; this should be obvious via the Sakai web page, but if you have concerns about this you should contact the instructor. Note: To avoid problems with the instructor being unable to open attachments to Sakai, please submit all journals by cutting and pasting them into Sakai (submit “on line”).

Journal entries will best help you to think through your experiences at your placement if they are written immediately following your work for that week. Journal entries should be typed and are expected to be approximately 2 pages long **each** (12 font type, double spaced). Please include your placement name, the date(s) that you did your internship, the date you are writing your journal entry, and the week of the semester on each journal entry. Each journal entry should include 2 parts:

- 1) In approximately 1 paragraph, describe what you did that week at the placement. This part of the entry may read something like this: “I met with my supervisor to discuss the tasks I would complete for the week. I observed patients in various contexts – in a rehabilitation session, in the hospital... I was involved (observed, helped with the paperwork) in three patient evaluations completed by my supervisor.”
- 2) The rest of your journal entry should consist of a reflection on the work you did that week. Some ideas of things you should consider including are: Did you enjoy the work you did? Was it rewarding/exciting/ difficult/ frustrating? What role did your supervisor play that week? Was your supervisor’s feedback helpful - why or why not? How is the work you are doing related to the information you have learned in your other classes? What health sciences concepts/ theories are most relevant to your work? Are your experiences helping you to think more clearly about your educational or career objectives? Are there any issues that you have concerns or questions about?

**4) FINAL CLASS PROJECT:** A final class project integrating your experiences in your fieldwork placement and your theoretical and conceptual understanding of health sciences (i.e., information learned in this and other health courses) is due on Tuesday, November 12/19 or Thursday, November 14/21. This assignment will consist of 2 parts: a written part turned in to the professor

and a brief presentation to the class during the class meeting. A more detailed summary of what this project entails will be provided in a separate handout.

**GRADING:**

Grades will be computed as follows:

- Completion of placement hours 35%
- Class attendance/ participation 20%
- Journal 25%
- Final Class Project 20%

**DATES TO REMEMBER:**

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| Tues, Sept 3         | Letter from supervisor establishing placement due                |
| Week of Sept 3       | Placement hours must begin                                       |
| Week of Nov 11 or 18 | Final Class project and presentation due in class                |
| Wed, Dec 11          | All hours must be completed                                      |
| Wed, Dec 11          | Supervisor's notice of completion must be turned in to professor |

**GENERAL COURSE POLICIES:**

- 1) This class will be most rewarding for you if you are an active participant in class and view this experience as a collaborative enterprise. To this end, throughout the semester you are encouraged to communicate with your professor (during class and during office hours) and are expected to keep up with all readings and assignments.
- 2) Additional information about this class, and a copy of the syllabus is available on the class Sakai web page. Being unaware of course requirements and expectations is not an excuse for failing to complete any of the assignments in this course.
- 3) If you are in class, you will be expected to be attentive, participate, stay the entire class time, and be prepared for any activities and exams scheduled for that day. If you must use your phone, tablet, or computer, you should step out of the classroom.
- 4) If you miss a class, you are expected to obtain class notes from a classmate and to stay on top of any of the activities/ discussions missed. It is your responsibility to become informed of any announcements made in class. Further, while class worksheets/ exercises will not be accepted late, it will increase your understanding of class material (and help you to prepare for exams) if you complete them.
- 5) Academic dishonesty will NOT be tolerated. Academic dishonesty includes (but is not limited to) cheating on exams and plagiarism. Students caught participate in academic dishonesty will receive a score of zero on the relevant assignment. In addition, instances of academic dishonesty will be referred to the Scholastic Conduct Committee. Sanctions for academic dishonesty range from failing an assignment to failing a course or expulsion from the University. For additional information about Rutgers' policies concerning academic dishonesty refer to: <http://academicintegrity.rutgers.edu>.
- 6) For disability accommodations, please see the Rutgers web page detailing disability services: <http://learn.camden.rutgers.edu/disability-services>. Students who require special accommodations (e.g., additional time to complete an exam) should also contact the instructor within the first few days of class.