

RUTGERS UNIVERSITY
PSYCHOLOGY OF ADOLESCENCE – 50: 830: 326
COURSE SYLLABUS
Fall, 2014

Instructor:	Dr. Charlotte N. Markey	Lecture:	T,TH, 1:30pm
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Office Phone:	856.225.6332	Office hours:	Th, 12-1:00 pm, and by appt.
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COURSE DESCRIPTION AND OBJECTIVES:

Welcome to the Psychology of Adolescence!

This course discusses development during the adolescent and early adult years. Contemporary theories and research will be used to help students understand issues central to adolescence including: pubertal development, cognitive development, identity, dating and sexuality, family and peer relationships, adolescents at school and work, culture and the media, and challenges faced by adolescents. Adolescence will be discussed both as a distinct stage of life, and as an integral component of development across the life span.

The learning objectives of this course are consistent with the goals of the department. Course activities are designed to assess these learning objectives. Upon successful completion of this course, you should be able to:

- Identify key theories, concepts, and applications of the psychological study of adolescence.
- Critically analyze information presented in the popular media about adolescents and examine the widespread misunderstandings about this developmental period.
- Effectively communicate ideas related to the psychology of adolescence (orally and in writing).
- Increase personal awareness of your own adolescent experience and how the study of adolescence can inform parenting, education, and policy.

REQUIRED READINGS:

- 1) Arnett, J.J. *Adolescence and Emerging Adulthood: A Cultural Approach 5th edition*. Upper Saddle River, New Jersey: Prentice Hall. Available in the Rutgers-Camden bookstore, and at Amazon.com.
- 2) Articles will be available on sakai (sakai.rutgers.edu) under “resources”– consult the course schedule to determine when they should be read.

Please read all assigned readings BEFORE they are covered in class.

GENERAL COURSE REQUIREMENTS:

1) ATTENDANCE CLASS PARTICIPATION, AND HOMEWORK ASSIGNMENTS: Class attendance and participation is expected. Most classes will include discussions and/ or exercises designed to increase your understanding of the material and assure your success in this course. Further, you will be expected to turn in worksheets and exercises that we complete in class. If you are not in class, there is no way to complete these assignments; make-ups will not be available. Some exercises may be assigned as homework, and you may be asked to bring in information pertaining to a particular topic we are discussing in class. Thus, this component of your grade will be based on the following criteria: 1) Did you attend class lectures? 2) Did you contribute to the intellectual climate in class (by listening to the professor and your classmates and participating in discussions and exercises)? and 3) Did you turn in all of the worksheets and exercises assigned?

2) ONLINE PARTICIPATION: This is a large lecture course, yet the course material is conducive to discussion and has application for your lives. In order to facilitate this discussion and consideration of applications of class material, online participation will be a component of your grade. This will allow for a more dynamic exchange of ideas among students (and the instructor) than is always possible in a large class. Specifically, you will be asked to use two tools: Padlet (www.padlet.com) and the Sakai discussion feature (sakai.rutgers.edu). See the course schedule for the dates by which you should complete this online participation.

On Padlet, you should post a picture of yourself as an adolescent

go to: <http://padlet.com/chmarkey/adolescentpics>

On Padlet, you should post an advertisement featuring or targeting adolescents

go to: <http://padlet.com/chmarkey/adolescentinads>

On Padlet, you should post a quote from a real or celebrity adolescent or a quote in reference to adolescence and explain (briefly) what chapter the quote relates to in our textbook

go to: <http://padlet.com/chmarkey/teenquotes>

Using the Sakai discussion feature you should post a reaction to the reserve readings focusing on 1) gender, 2) sex education, 3) teachers and adolescent education, and 4) body image and eating disorders.

Using the Sakai discussion feature, you should post a reaction to the case studies that you read for class.

To receive full credit, these discussion posts should refer to class material and/or the textbook and should not just be opinion based. Any inappropriate posts (e.g., derogatory comments or the use of inappropriate language) will result in the receipt of 0% for a student/s online participation grade.

POSTS MUST BE MADE BEFORE CLASS BEGINS FOR FULL CREDIT

3) CHAPTER QUIZZES: You will be evaluated on your reading of course materials and class attendance by completing quizzes via the class Sakai web page (sakai.rutgers.edu). As noted on the course schedule, quizzes will be posted for each book chapter (and will focus primarily on book content, although material discussed in class and in other readings may appear on quizzes as well). You will be allowed to miss one quiz, but you will not get extra credit for completing all 12. No excuses for missing a quiz will be accepted given that you are allowed to miss 1 quiz (i.e., you must successfully complete 11 quizzes). Quizzes are intended to help you prepare for exams and provide credit for classroom learning. All quizzes are due at 12am via the Sakai web page on the day they are assigned; they will be 5-10 items long and should take less than 10 minutes to complete.

4) EXAMS: You will be evaluated on your understanding of the material by taking 2 midterms and a final exam. Each exam will include questions based on the readings and lectures, with an emphasis on material explicitly discussed in class. Study guides and review sessions should aid in your preparation for the exams. No make-up exams will be given unless arrangements are made **prior** to an exam or proof of necessary absenteeism (e.g., a Dr. note) is provided.

GRADING:

Grades will be computed as follows:

Attendance and class participation	10%
Online participation	10%
Online quizzes	10%
1 st Midterm Exam	20%
2 nd Midterm Exam	20%
Final Exam	30%

GENERAL COURSE POLICIES:

- 1) This class will be most rewarding for you if you are an active participant in class and view this experience as a collaborative enterprise. To this end, throughout the semester you are encouraged to communicate with your professor (during class and during office hours) and are expected to keep up with all readings and assignments.
- 2) Additional information about this class, and a copy of the syllabus is available on the instructor's web page (<http://www.HealthyDevelopmentLab.com>). Being unaware of course requirements and expectations is not an excuse for failing to complete any of the assignments in this course.
- 3) If you are in class, you will be expected to be attentive, participate, stay the entire class time, and be prepared for any activities and exams scheduled for that day.
- 4) If you miss a class, you are expected to obtain class notes from a classmate and to stay on top of any of the activities/ discussions missed. It is your responsibility to become informed of any announcements made in class. Further, while class worksheets/ exercises will not be accepted late, it will increase your understanding of class material (and help you to prepare for exams) if you complete them.
- 5) No make-up exams will be given unless arrangements are made **prior** to an exam or proof of necessary absenteeism (e.g., a Dr. note) is provided. If you unexpectedly miss an exam due to exceptional circumstances (e.g., a serious car accident), it is your responsibility to contact the instructor within 24 hours of the exam to discuss the possibility of a make-up exam. You may also contact the department secretary, Jackie Dunn, in the case of an emergency at 856-225-6520. Any make-up exam is likely to differ from the exam the rest of the class takes and will typically be in essay format.
- 6) Academic dishonesty will NOT be tolerated. Academic dishonesty includes (but is not limited to) cheating on exams and plagiarism. Students caught participate in academic dishonesty will receive a score of zero on the relevant assignment. In addition, instances of academic dishonesty will be referred to the Scholastic Conduct Committee. Sanctions for academic dishonesty range from failing an assignment to failing a course or expulsion from the University. For additional information about Rutgers' policies concerning academic dishonesty refer to: <http://academicintegrity.rutgers.edu>.
- 7) For disability accommodations, please see the Rutgers web page detailing disability services: <http://learn.camden.rutgers.edu/disability-services>. Students who require special accommodations (e.g., additional time to complete an exam) should also contact the instructor within the first few days of class.

PSYCHOLOGY OF ADOLESCENCE COURSE SCHEDULE FALL 2014

The following is a *tentative* schedule for this course. Dates may change slightly depending on our *actual* progress in covering the material.

* unless otherwise indicated, chapter readings refer to the Arnett text

RR: Reserve Readings, available on Sakai under “resources.”

DATE	TOPIC	READINGS	ASSIGNMENTS
Tues, Sept 2	Why study adolescents?	Ch 1*	Post a picture of yourself as an adolescent on padlet at http://padlet.com/chmarkey/adolescentpics
Th, Sept 4	Adolescence as a time of storm and stress (or not)	RR Arnett, 1999	Quiz 1 available 3pm-12am
Tues, Sept 9	The biology of puberty	Ch 2, RR Time, RR CNN article	
Th, Sept 11	Psychological responses to puberty	Ch 2	Quiz 2 available 3pm-12am
Tues, Sept 16	<i>Inside the Teenage Brain</i>	Ch 3	
Th, Sept 18	Review of Piaget, abstract thought, critical thinking, social cognition	Ch 3	Post a quote from an adolescent on padlet Quiz 3 available 3pm-12am
Tues, Sept 23	Culture and adolescent identity	Ch 4, Case 7	
Th, Sept 25	Religion and morality, Review for Midterm 1	Ch 4, Case 7	Post a reaction to Case 7 on the discussion board Quiz 4 available 3pm-12am
Tues, Sept 30	Midterm 1 , Ch 1-4, Reserve Readings, and Case Studies		
Th, Oct 2	<i>Movie</i> and begin discussion of gender	Ch 5	
Tues, Oct 7	Gender and self-esteem	Ch 5 and 6; RR Quindlen; RR Pappas; RR Daily Mail	Post a reaction to the reserve readings about gender on the discussion board Quiz 5 available 3pm-12am
Th, Oct 9	Identity	Ch 6; Case 3	Post a reaction to Case 3 on the discussion board Quiz 6 available 3pm-12am
Tues, Oct 14	Parents and parenting styles	Ch 7	
Th, Oct 16	Family in adolescents' lives; the “modern family”	Ch 7, Case 10	Post a reaction to Case 10 on the discussion board Quiz 7 available 3pm-12am
Tues, Oct 21	Peers and friendships	Ch 8	
Th, Oct 23	Social groups, popularity, <i>movie</i>	Ch 8	Quiz 8 available 3pm-12am

DATE	TOPIC	READINGS	ASSIGNMENTS
Tues, Oct 28	Dating and love	Ch 9	
Th, Oct 30	Sexuality and sex education	Ch 9; RR NYT by Hoffman; RR NYT by Abraham; RR Quindlen	Post a reaction to the reserve readings about sex ed on the discussion board
Tues, Nov 4	Sexual orientation and review for Midterm 2	Case 8	Post a reaction to Case 8 on the discussion board Quiz 9 available 3pm-12am
Th, Nov 6	Midterm 2 , Ch 5-9 and Reserve Readings		
Tues, Nov 11	Media influences on adolescents	Ch 12	Post an ad featuring or targeting an adolescent on padlet
Th, Nov 13	New media, gender, and identity; <i>movie</i>	Ch 12	Quiz 12 available 3pm-12am
Tues, Nov 18	Educating adolescents	Ch 10	
Th, Nov 20	Teachers; preparing adolescents for careers	Ch 10; RR NYT Lee; RR NYT Green; RR NYT Dillon	Post a reaction to the reserve readings about education and teachers on the discussion board Quiz 10 available 3pm-12am
Tues, Nov 25	Problems in Adolescence	Ch 13	2 nd chance: Post a quote from an adolescent on padlet
Th, Nov 27	<i>Thanksgiving</i>		
Tues, Dec 2	Risk Behaviors	Ch 13, Case 13	Post a reaction to Case 13 on the discussion board
Th, Dec 4	Depression, begin eating disorders	Ch 13	Quiz 13 available 3pm-12am
Tues, Dec 9	Eating disorders; Wrap-up and Review for Final Exam	Ch 13; RR Bordo; RR Brumberg	Post a reaction to the reserve readings about eating disorders on the discussion board
TBD	Final Exam	partially cumulative with emphasis on Chapters 10, 12, and 13	